

# Help Aggie the Alien

## Limit the spread of COVID-19

**NHS**

North West London  
Clinical Commissioning Group

Can you help me stay safe and protect my human friends?

### Word Search

K F Q J A N O S E D E N  
V G S G T Y S R N Z G I  
I S M O U T H F E G V K  
R J J V H R E E K B I D  
U P K A U F N B W J A B  
S K O C J S Z C S I U A  
K S M C K B E F O P S Y  
P O B I W N Y D R U A J  
R A F N S M E E T E G P  
J P D E X K S Y G F D H  
A B C T U G T I S S U E

### Help Aggie find these 10 words

- Soap
- Virus
- Cough
- Sneeze
- Jab
- Vaccine
- Tissue
- Nose
- Eyes
- Mouth

Think of a song to sing while you wash your hands for 20 seconds

### Limit the spread

#### Fill in the gaps

Try not to touch your ,  and

Cover your nose and mouth when you  or

Stay at  if you are feeling unwell

Regularly wash your hands for  seconds using

Wash your hands for 20 seconds using hand soap.



If you need to cough or sneeze, use a tissue to cover your nose and mouth, then throw it in the bin.



If you feel unwell, make sure you stay at home to get better.



Try not to touch your mouth, eyes and nose.



### Design Aggie a face mask

Aggie has a doctor's appointment today and she needs to wear a mask when she is in the clinic. Can you design a face mask for her.

